

Intentional Prayer Journal

WELCOME

The Word Speaks Digital Library was created to serve as a helpful resource for studying God's Word on your own, with a friend or in a small group. It is our prayer that your knowledge and love of the Bible will deepen, your desire for our Savior will grow and your time spent in prayer will be deeply meaningful.

As you begin, please take a moment to look through the Guide to Bible Study. It is filled with helpful tips and practical insights to support and enrich your time in Scripture.

The digital library includes:

1. An Inductive Study of Scripture
2. A Study of Who God Is
3. ***Intentional Prayer Journal***

HOW TO USE THE INTENTIONAL PRAYER JOURNAL

This resource is intended to help in intentionally structuring your prayer time. It is divided into six sections:

- Adoration
- Scripture to Pray
- Personal
- Family, Friends & Those Close to Me
- Church, Community & Those I am Praying for Their Salvation
- God's Answers

These sections are arranged to lead your heart first toward worshiping God and meditating on His Word, then outward—to personal prayer, those close to you, and your wider community. Each month concludes with space to record how God has answered your prayers.

At the beginning of the month, spend time filling out as many sections as you are able. During your daily prayer time, start with adoration and Scripture, then choose one section to pray for that day. At the end of the month, look back and reflect on the ways God has shown Himself faithful!

How you use this journal and the pace you set are completely flexible. It is not meant to be a task or checklist, but rather an encouraging place to help you become even more intentional in your prayer life.

ADORATION

Pray words of praise and worship to our God, reflecting on who He is, what He has done, and what He promises to do.

DESCRIPTION:

Tell God of your love for Him, worshiping and adoring Him in your prayers. We serve a mighty God—the Creator, Redeemer, and Sustainer—holy, just, compassionate, and loving. Our words of devotion and praise prepare our hearts for deeper communion with Him.

The Father's heart for us is shown through the death, burial, and resurrection of His Son, Jesus, and through His gift of the Holy Spirit, our Helper. He is truly worthy of our praise! As the Psalmist declares, we are called to “praise him for his abundant greatness!”

Hebrews 1:3 - “The Son is the radiance of God’s glory and the exact expression of his nature, sustaining all things by his powerful word. After making purification for sins, he sat down at the right hand of the Majesty on high.”

Acts 4:12 - “There is salvation in no one else, for there is no other name under heaven given to people by which we must be saved.”

Psalm 150:1-6 - “Hallelujah! Praise God in his sanctuary. Praise him in his mighty expanse. Praise him for his powerful acts; praise him for his abundant greatness. Praise him with the blast of a ram’s horn; praise him with harp and lyre. Praise him with tambourine and dance; praise him with strings and flute. Praise him with resounding cymbals; praise him with clashing cymbals. Let everything that breathes praise the LORD. Hallelujah!”

Mark 12:30 - “Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.”

SCRIPTURE TO PRAY

Pray God's Word as an act of worship and a way to focus your heart and mind on Him. Allow Scripture to guide your prayers when your own words are hard to find.

DESCRIPTION:

Praying Scripture—both about God and His heart for us—draws us closer to Him. As we pray the Bible, we come to know God more deeply and are transformed by His Word. Praying Scripture also helps align our hearts with His will, shaping our desires and guiding our prayers. Over time, Scripture takes root in our memory and becomes personal to us. Our prayers begin to reflect more of the Lord's heart, and we grow in our desire for His will to be done.

What hope we have in His calling on our lives! Pray the truths of Scripture over what He has called you to today.

John 15 - He is the true vine and we are the branches—we are to remain in Him and His Word to bear fruit.

Luke 11 - Jesus shows us the way to pray through “The Lord's Prayer.”

Romans 8 - The life-giving Holy Spirit intercedes on our behalf when we do not have the words to pray.

Ephesians 1:17-18 - “*I pray that the God of our Lord Jesus Christ, the glorious Father, would give you the Spirit of wisdom and revelation in the knowledge of him. I pray that the eyes of your heart may be enlightened so that you may know what is the hope of his calling, what is the wealth of his glorious inheritance in the saints...*”

PERSONAL PRAYER

Pray over every part of your life—offering it to God. Confess sinful thoughts and actions, bring your trials to Him, remember the hope of the gospel, and ask for the Spirit’s work in your heart.

DESCRIPTION:

Personal prayer is simply honest, thoughtful conversation with God. It includes praising Him, repentance, requests, and expressing gratitude—all rooted in relationship, not ritual. He cares about what is happening in our lives because He is the author of our story. We ought to come to the Lord with humble hearts and recall His redemptive work in our lives, having fellowship with Him through our prayers.

As Jesus demonstrated in His prayers to the Father throughout the gospels, He brought all things to the Father and asked that His will be done. May our hearts desire more of Him, rejoicing in the hope we have in God and His Word.

Romans 12:11-12 - “Do not lack diligence in zeal; be fervent in the Spirit; serve the Lord. Rejoice in hope; be patient in affliction; be persistent in prayer.”

Ephesians 3:14-21 - “For this reason I kneel before the Father from whom every family in heaven and on earth is named. I pray that he may grant you, according to the riches of his glory, to be strengthened with power in your inner being through his Spirit, and that Christ may dwell in your hearts through faith. I pray that you, being rooted and firmly established in love, may be able to comprehend with all the saints what is the length and width, height and depth of God’s love, and to know Christ’s love that surpasses knowledge, so that you may be filled with all the fullness of God. Now to him who is able to do above and beyond all that we ask or think according to the power that works in us—to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.”

Philippians 4:6-7 - “Don’t worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God. And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.”

FAMILY, FRIENDS & THOSE CLOSE TO ME

Pray for the spiritual, physical, and emotional needs of your family, friends, and those close to you—both the relationships marked by love and those that are more challenging.

DESCRIPTION:

Praying for family, friends and those close to us is our first step in recognizing we can't change them, fix them or even know what is best for them. But we can take them to the Lord and ask Him to accomplish His greater and good purpose in them and through them, and give them hope, strength and peace.

In the Sermon on the Mount in Matthew 5, Jesus encourages us to pray not only for those that are close to us, but to also pray for those that are difficult to love; in doing so, we will be cultivating the love the Father has for all people.

Luke 22:32 - “But I have prayed for you that your faith may not fail. And you, when you have turned back, strengthen your brothers.”

Ephesians 1:15-19 - “This is why, since I heard about your faith in the Lord Jesus and your love for all the saints, I never stop giving thanks for you as I remember you in my prayers. I pray that the God of our Lord Jesus Christ, the glorious Father, would give you the Spirit of wisdom and revelation in the knowledge of him. I pray that the eyes of your heart may be enlightened so that you may know what is the hope of his calling, what is the wealth of his glorious inheritance in the saints, and what is the immeasurable greatness of his power toward us who believe, according to the mighty working of his strength.”

Philippians 1:9-11 - “And I pray this: that your love will keep on growing in knowledge and every kind of discernment, so that you may approve the things that are superior and may be pure and blameless in the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ to the glory and praise of God.”

Colossians 1:9-14 - “For this reason also, since the day we heard this, we haven't stopped praying for you. We are asking that you may be filled with the knowledge of his will in all wisdom and spiritual understanding, so that you may walk worthy of the Lord, fully pleasing to him: bearing fruit in every good work and growing in the knowledge of God, being strengthened with all power, according to his glorious might, so that you may have great endurance and patience, joyfully giving thanks to the Father, who has enabled you to share in the saints' inheritance in the light. He has rescued us from the domain of darkness and transferred us into the kingdom of the Son he loves. In him we have redemption, the forgiveness of sins.”

Matthew 5:44 - “But I tell you, love your enemies and pray for those who persecute you...”

CHURCH, COMMUNITY & THOSE THAT NEED SALVATION

Pray for your pastors, your church family and the community where God has placed you. Pray also for those who need salvation.

DESCRIPTION:

Church leaders carry a heavy burden and shoulder much responsibility as they lead and serve the local body of believers. It is a privilege to support them through prayer by praying for wisdom, guidance, spiritual strength and protection for them and their families.

Right before Jesus's betrayal, He prayed for all believers (John 17). We can join Jesus in prayer for our local body of believers— the local church designed by God for good, our growth and a testimony to an onlooking world.

Pray too for the community of people that God has placed you in and for those that need a relationship with Jesus.

1 Timothy 2:1-2 - "First of all, then, I urge that petitions, prayers, intercessions, and thanksgivings be made for everyone, for kings and all those who are in authority, so that we may lead a tranquil and quiet life in all godliness and dignity."

2 Timothy 4:1-5 - "I solemnly charge you before God and Christ Jesus, who is going to judge the living and the dead, and because of his appearing and his kingdom: Preach the word; be ready in season and out of season; correct, rebuke, and encourage with great patience and teaching. For the time will come when people will not tolerate sound doctrine, but according to their own desires, will multiply teachers for themselves because they have an itch to hear what they want to hear. They will turn away from hearing the truth and will turn aside to myths. But as for you, exercise self-control in everything, endure hardship, do the work of an evangelist, fulfill your ministry."

Galatians 6:9 - "Let us not get tired of doing good, for we will reap at the proper time if we don't give up."

John 17:20-26 - "I pray not only for these, but also for those who believe in me through their word. May they all be one, as you, Father, are in me and I am in you. May they also be in us, so that the world may believe you sent me. I have given them the glory you have given me, so that they may be one as we are one. I am in them and you are in me, so that they may be made completely one, that the world may know you have sent me and have loved them as you have

loved me. Father, I want those you have given me to be with me where I am, so that they will see my glory, which you have given me because you loved me before the world's foundation. Righteous Father, the world has not known you. However, I have known you, and they have known that you sent me. I made your name known to them and will continue to make it known, so that the love you have loved me with may be in them and I may be in them.”

2 Peter 3:9 - “The Lord does not delay his promise, as some understand delay, but is patient with you, not wanting any to perish but all to come to repentance.”

Romans 10:1 - “Brothers and sisters, my heart's desire and prayer to God concerning them is for their salvation.”

GOD'S ANSWERS

Praise God and thank Him for the ways He has been faithful in answering your prayers this month.

DESCRIPTION:

It is so valuable to take time to consider how God has answered your prayers. He is weaving a bigger story than what you are even praying for. Recognizing His answers will help you to see Him, and how He is working.

Reflection on how God has answered prayer will also result in thankfulness and praise—thankfulness for God's goodness and how He has displayed His goodness, and praise for His greatness, acknowledging His attributes as seen through His answers to your prayers!

1 Chronicles 29:10-13 - “Then David blessed the LORD in the sight of all the assembly. David said, ‘May you be blessed, LORD God of our father Israel, from eternity to eternity. Yours, LORD, is the greatness and the power and the glory and the splendor and the majesty, for everything in the heavens and on earth belongs to you. Yours, LORD, is the kingdom, and you are exalted as head over all. Riches and honor come from you, and you are the ruler of everything. Power and might are in your hand, and it is in your hand to make great and to give strength to all. Now therefore, our God, we give you thanks and praise your glorious name.’”

Psalms 116:1 - “I love the LORD because he has heard my appeal for mercy.”

Matthew 7:11 - “If you then, who are evil, know how to give good gifts to your children, how much more will your Father in heaven give good things to those who ask him.”

